



Network for  
Practices Ltd

[www.networkforpractices.co.uk](http://www.networkforpractices.co.uk)

#### Trainer Information

**Joanne Haws** (RN MSc) is a registered nurse who held a variety of roles within the UK NHS before setting up in business as an independent consultant in 2010. Joanne is the Clinical Director of Learn With Nurses, a Community Interest Company providing online clinical education that is accessible to healthcare professionals globally. She is past Chair of the Nurses and Allied Health Professionals Special Interest Group of The British and Irish Hypertension Society and has authored many publications in the nursing and cardiology press both in the UK and internationally. She sits on the Editorial Board of Practice Nurse Journal and is a regular features contributor. Joanne is a Non-Executive Director of the National Association of Primary Care (NAPC) and is a facilitator on the CARE programme. She has been a Specialist Advisor to the Care Quality Commission since 2014.

#### To book a place/s email

[bookings@networkforpractices.co.uk](mailto:bookings@networkforpractices.co.uk)

*Our acceptance of your booking brings into existence a legally binding contract between us on the following Terms & Conditions - If places are booked but cancelled before payment has been made or a candidate DNAs, the fee will remain due. Cancellations will attract a refund if the course is subsequently fully booked. To avoid any confusion, we ask that Cancellations are by email only. We will make every effort to resell the cancelled place. Where places are free a £45 charge will be applied to cancellations/DNAs. Payment is required within 30 days from date of invoice.*

## Hypertension Update

**Date:** 22<sup>nd</sup> May 2026  
**Times:** 0930-1300  
**Venue:** Zoom Online Platform  
**Places available:** 12  
**Fee/s:** NfP Members £65 / Non-Members £110

**This workshop is suitable for: HCAs, HCSWs, Nurses, Pharmacists etc...**

### Introduction

Hypertension continues to be a major driver of cardiovascular disease, and effective management starts with confident, evidence-based practice. This workshop offers a clear, practical overview of the latest guidelines, diagnostic pathways, and treatment approaches. Participants will strengthen their skills in assessing target organ damage, interpreting blood pressure readings, supporting lifestyle change, and knowing when referral is needed—all essential for delivering high-quality hypertension care.

### Learning Outcomes / Workshop Objectives

- ♥ To appreciate the burden of hypertension
- ♥ To be familiar with related policy and guidelines
- ♥ To understand the current evidence based diagnostic pathway
- ♥ To be able to assess target organ damage
- ♥ To be familiar with the current evidence-based treatment pathway
- ♥ To know when to refer

### Course Content

- ♥ What's the impact of Hypertension?
- ♥ What do the guidelines say?
- ♥ Diagnosing Hypertension: Clinic Vs Home readings?
- ♥ Assessing target organ damage: What do we need to know?
- ♥ Managing Hypertension: A to C and beyond!
- ♥ What about Lifestyle?
- ♥ Annual review – more than a blood pressure check

*"The best session  
I have attended"*

This session is kindly sponsored by the following:

0920-0925 : Virtual Promotional Product Presentation by TBC

*The above company has sponsored this session by way of a promotional presentation and have had no input into the agenda or speaker*

**Registered Office: Frome Medical Centre, Enos Way, Frome, Somerset, BA11 2FH**

Network for Practices Ltd Company No 06435074. - Incorporated at Companies House, Cardiff 22<sup>nd</sup> November 2007