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## **Trainer Information**

**Gaynor Kebbell**, RN, MSc is a Diabetes Specialist Nurse Practitioner and Facilitator for the Bath & NE Somerset Integrated Diabetes Service.

Gaynor was part of a collaboration which set up the first UK Renal Diabetes Inpatient service and the National Renal Diabetes Forum. It was working with patients with potentially preventable complications of diabetes which led to a move to primary care to focus on preventative medicine.

Gaynor completed an MSc in diabetes from Warwick University and is a Non-Medical Prescriber. She is also one of the Diabetes UK Clinical Champion alumni having participated in the leadership and community programmes.

Having worked in both primary and secondary care, Gaynor is a pioneer of integrated diabetes care, and has co-led the Bath 3-D Integrated Diabetes service since 2015. Her current QI project is improving community care for Early Onset Type 2 Diabetes.

## <u>Commencing Injectable Therapy for Diabetes:</u> a one-day programme for Registered Healthcare Professionals

Date: 23<sup>rd</sup> July 2025

**Times: 0900-1645** (please arrive by 0845)

Venue: Wiltshire & Bath Air Ambulance Airbase, BA14 6JX

Places available: 12

Fee/s: NfP Members £45

Non-Members £90

## This workshop is suitable for: Registered Health Care Professionals

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	AGENDA
0845-0900	Arrival and refreshments
0900-0910	Welcome and housekeeping
0910-1000	Introduction:
	→ Why optimise treatment?
	→ Insulin uptake in your practice
	→ Glucose monitoring
	→ Target setting
	→ Diet & lifestyle
	→ Diabetes emergencies
1000-1100	Introduction to GLP-1 RA therapy:
	→ How therapy works
	→ Selecting the right patient for GIP/ GLP-1
	→ Current evidence
	→ Supporting patients on GLP-1 therapy
1100-1130	Break
1130-1300	Insulin management for Type 2 Diabetes / considerations for insulin:
	→ Physiology of insulin
	→ History of insulin
	→ Current guidance
	→ Psychological wellbeing
	→ Types and functions of different insulins
	→ Insulin Safety
	→ Case studies
1300-1345	Lunch
1345-1500	Practicalities of starting insulin:
	→ Device workshop
	→ How to initiate injectable therapy in clinic
1500-1515	Break
1515-1630	Insulin optimisation:
	→ Supporting the patient with titration
	→ Supporting guidance & materials
1620 1615	→ Clinical competency in insulin initiation: the next steps
1630-1645	Questions and Close

## To book a place/s email bookings@networkforpractices.co.uk

Our acceptance of your booking brings into existence a legally binding contract between us on the following Terms & Conditions - If places are booked but cancelled before payment has been made or a candidate DNAs, the fee will remain due. Cancellations will attract a refund if the course is subsequently fully booked. To avoid any confusion, we ask that Cancellations are by email only. We will make every effort to resell the cancelled place. Where places are free a £45 charge will be applied to cancellations/DNAs. Payment is required within 30 days from date of invoice.