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## Trainer Information

**Cathy Warner** has over 40 years of nursing experience, the last 20 of which have been in Primary Care. She currently works as Lead Respiratory Specialist Nurse for a large, 8 practice PCN. Cathy holds post graduate qualifications in Asthma, COPD, Spirometry and Allergy and has recently completed a Masters Degree in Respiratory Practice; as well as being a Non-Medical Prescriber. She is the Guardian of the Wiltshire Airways Nurse Group (WANG) which she was instrumental in setting up several years ago. Cathy has extensive experience as a Trainer, having worked both as a regional Trainer for Education for Health, a Facilitator on the IMP2ART project as well as her own independent training practice, CW Respiratory.

### To book a place/s email

[bookings@networkforpractices.co.uk](mailto:bookings@networkforpractices.co.uk)

*Our acceptance of your booking brings into existence a legally binding contract between us on the following Terms & Conditions - If places are booked but cancelled before payment has been made or a candidate DNAs, the fee will remain due. Cancellations will attract a refund if the course is subsequently fully booked. To avoid any confusion, we ask that Cancellations are by email only. We will make every effort to resell the cancelled place. Where places are free a £45 charge will be applied to cancellations/DNAs. Payment is required within 30 days from date of invoice.*

# Spirometry Update – Performing & Interpreting

**Date:** 10<sup>th</sup> July 2025  
**Times:** 0930-1300 (HCAs)  
0930-1630 (Nurses)  
**Venue:** Wiltshire & Bath Air Ambulance Airbase, BA14 6JX  
**Places available:** 12

**Fee/s:** NfP Members £60 (half day) £105 (full day)  
Non Members £105 (half day) £150 (full day)

**This workshop is suitable for: HCAs and Nurses already performing and interpreting Spirometry.**

## Introduction

The ARTP and PCRS have suggested that we should be re-instating spirometry within Primary Care. This day is designed to bring you up to speed on the latest guidelines, health and safety measures and refresh your memory on how to perform and interpret spirometry.

This session is not suitable for those who are new to spirometry.

## Performing (AM)

*(Suitable for Nurses & HCAs)*

This will be an interactive and practical workshop, it is designed for those who are performing spirometry and discuss current guidance and good practice.

Areas to be covered are

- Preparation of the equipment
- Preparation of the patient
- Performing the procedure
- Discussion of common problems and solutions

This session is sponsored by:

**TBC**

*The above companies have sponsored the costs associated with this meeting by way of a promotional stand space and have had no input into the agenda or speaker.*

## Interpretation (PM)

*(Suitable for Nurses ONLY)*

This will also be an interactive workshop and is suitable for any HCP who is interested in knowing more about the interpretation of spirometry.

Areas to be covered are

- The importance of quality assured spirometry
- How to assess the quality of a spirometry
- The application of evidence-based interpretation
- Discussion on reference sets, predicted values and the latest research