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## Trainer Information

**Cathy Warner** has over 40 years of nursing experience, the last 20 of which have been in Primary Care. She currently works as Lead Respiratory Specialist Nurse for a large, 8 practice PCN. Cathy holds post graduate qualifications in Asthma, COPD, Spirometry and Allergy and has recently completed a Masters Degree in Respiratory Practice; as well as being a Non-Medical Prescriber. She is the Guardian of the Wiltshire Airways Nurse Group (WANG) which she was instrumental in setting up several years ago. Cathy has extensive experience as a Trainer, having worked both as a regional Trainer for Education for Health, a Facilitator on the IMP2ART project as well as her own independent training practice, CW Respiratory.

### To book a place/s email

[bookings@networkforpractices.co.uk](mailto:bookings@networkforpractices.co.uk)

Our acceptance of your booking brings into existence a legally binding contract between us on the following Terms & Conditions - If places are booked but cancelled before payment has been made or a candidate DNAs, the fee will remain due. Cancellations will attract a refund if the course is subsequently fully booked. To avoid any confusion, we ask that Cancellations are by email only. We will make every effort to resell the cancelled place. Where places are free a £45 charge will be applied to cancellations/DNAs. Payment is required within 30 days from date of invoice.

# Asthma Update

**Date:** 24<sup>th</sup> July 2025  
**Times:** 0930-1230  
**Venue:** Zoom Online Platform  
**Places available:** 15  
**Fee/s:** NfP Members £45  
Non-Members £90

**This workshop is suitable for: All clinical staff already working in this therapy area seeking an update and wishing to consolidate their knowledge.**

This half day session is designed to consolidate knowledge that has already been gained from accredited asthma courses. Students will gain an overview of the latest BTS/SIGN and NICE guidelines along with other relevant documents such as the National Review of Asthma Deaths.

The session will include the current recommendations of reaching a diagnosis and an update in the latest treatment options available. This is an interactive session involving inhaler techniques and case studies. Students are encouraged to bring along any "difficult cases" to discuss within the group.

The session will also cover the GINA guidelines and how these may influence treatment decisions in the near future.

- Overview of current guidelines
- Probability of diagnosis
- Treatment of asthma – including update on local formulary and both national and international guidelines.
- Inhaler techniques and asthma management plans
- Challenging cases.

This session is kindly sponsored by the following:

0920-0925: Virtual Promotional Product Presentation by TBC

*The above company has sponsored this session by way of a promotional presentation has had no input into the agenda or speaker*

*"Very informative and useful. Interactive sessions with case studies were very good."  
"Very good trainer, enjoyed the session" "Excellent session, thank you"*

**Registered Office: Frome Medical Centre, Enos Way, Frome, Somerset, BA11 2FH**

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