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Trainer Information

Becky Swadling is an Independent Travel Health Specialist Nurse. She completed the Diploma in Travel Medicine in 2006, is a Fellow of the British Global Travel Health Association (BGTHA), was Editor of the BGTHA Journal, associate member of the Faculty of Travel Medicine and is Module Lead on the Post Graduate Diploma in Travel Medicine (RCSPG).

Becky has extensive experience of working in busy travel clinics and clinic management as well as education. Becky has and continues to develop training programmes for Nurses and Pharmacists working in Travel Health and continues to regularly deliver lectures to health care professionals working in Immunisation and Travel health.

Information

These sessions have been developed in direct response to candidate feedback.

If you would like to see more 'Travel Size Topics' added to the portfolio for the future please email penelopemorgan-elliott@networkforpractices.co.uk with your suggestions.

Travel Size Training

(The Pregnant Traveller, Malaria & Insect Borne Diseases, Travelling for Medical & Dental Treatment Abroad)



Date: 10th May 2024
Times: 0930-1500
Places available: 12
Fee/s: NfP Members £95 / Non-Members £140

These workshops are suitable for: Nurses & other registered HCPs.

Introduction

This day, focussing on short and informative sessions, is aimed at Health Care Professionals who have some previous experience of dealing with travellers in their clinics. They aim to delve deeper into areas which can often be considered more complex in Travel Health consultations and will also provide a forum to discuss any questions, concerns and tricky cases.

0930-1100 - The Pregnant Traveller

The pregnant woman faces many unique health risks when travelling abroad. Not only does she have the risks associated with pregnancy, she may also be at increased risk of many travel related risks, such as infections including malaria and Zika, hazards such as VTE, dehydration, diarrhoea plus much more. This workshop will give you a greater understanding on how to manage these often more complex travellers.

Learning outcomes:

- Understanding of the travel associated risks facing the pregnant traveller
- How to manage the risks and hazards
- Malaria risks in pregnancy
- Vaccinating in pregnancy
- Which trimester is safest to travel and why?
- Opportunity to discuss your cases

"This has given me more knowledge in how to deal with the pregnant traveller, the whole aspect was very interesting"

Registered Office: Frome Medical Centre, Enos Way, Frome, Somerset, BA11 2FH

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Sponsors

*“Informal, friendly,
Becky knows her
stuff!”*

*“Great
update and resources
to use in Practice”*

To book a place/s email

[bookings@networkforpractices
.co.uk](mailto:bookings@networkforpractices.co.uk)

*Our acceptance of your booking brings into existence a legally binding contract between us on the following **Terms & Conditions** - If places are booked but cancelled before payment has been made or a candidate DNAs, the fee will remain due. Cancellations will attract a refund if the course is subsequently fully booked. To avoid any confusion, we ask that **Cancellations are by email only**. We will make every effort to resell the cancelled place. Where places are free a £25 charge will be applied to cancellations/DNAs. Payment is required within 14 days from date of invoice.*

1115-1245 - Malaria & Insect Borne Diseases

In 2020, there were an estimated 241 million cases of malaria worldwide and in 2019 there were fifteen fatal cases in the UK and cases are on the rise since the start of the pandemic. The number of dengue cases have increased over 8-fold over the last two decades, from 505,430 cases in 2000, to 5.2 million in 2019. Our travellers are at risk of many mosquito and tick borne infections, so how best can we advise them? This workshop will discuss their risks, the most current preventative measures and how to discuss them with our travellers. Learning outcomes:

- An overview of malaria including:
 - Understanding the life cycle of malaria
 - Chemoprophylaxis
 - Bite prevention
 - Understanding and advising high risk travellers
- Dengue fever – what is it, what does it do and what are the risks for your travellers?
- Bite avoidance measures for insect borne infections including ticks

1330-1500 – Travelling for Medical or Dental Treatment Abroad

In 2021 there were 19.1 million visits abroad by UK travellers. Despite this being 79% lower than in 2019 pre pandemic, when 93.1 million people travelled, 234,000 UK residents travelled abroad for medical treatment (248,000 in 2019.)

These figures demonstrate that travelling for medical treatment abroad is on the increase. When receiving medical treatment abroad, there is the potential risk of being exposed to wound and blood-borne infections and whilst all surgical procedures carry an element of risk, those risks may increase when combined with international travel. This session will help guide you on how to advise your travellers planning treatment abroad including the risks and hazards and how best to mitigate those risks.