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Trainer Information

Sarah Bailey RGN Bsc (hons), Msc Advanced Nursing Practice, Independent Nurse Prescriber and City and Guilds Level 3 in Further Education Teaching. Currently studying for an Msc in Education.

Sarah worked in General Practice for 16 years, initially as a Practice Nurse and then as an Advanced Nurse Practitioner after obtaining her Master's Degree. In 2009 she was part of the original team that set up the Walk in Centre in Reading, before returning to General Practice as an ANP until 2019. She now teaches at Bucks New University as a Senior Lecturer for Pre-Registration Nursing, as well as working 4 hours a week still for the GP out of Hours Service based in Frimley Park Hospital. When she isn't working or studying, you will find her walking her beloved Labrador in Berkshire and enjoying a glass of white wine preferably at a pub afterwards!

To book a place/s email

bookings@networkforpractices.co.uk

Our acceptance of your booking brings into existence a legally binding contract between us on the following [Terms & Conditions](#) - If places are booked but cancelled before payment has been made or a candidate DNAs, the fee will remain due. Cancellations will attract a refund if the course is subsequently fully booked. To avoid any confusion, we ask that Cancellations are by email only. We will make every effort to resell the cancelled place. Where places are free a £25 charge will be applied to cancellations/DNAs. Payment is required within 14 days from date of invoice.

Introduction to Minor Illness

Date & Times: 4th & 18th June 2024
Times: 0930-1530 (Zoom opens at 0900 for 0930 start)
Venue: Zoom Online Platform
Places available: 12
Fee/s: NfP Members £205/ Non-Members £250

This workshop is suitable for: all Registered HCPs interested in Minor Illness.

Learning Outcomes for both days

- How to take a "good consultation"
- To gain a better understanding of how to diagnose and treat certain minor illnesses
- To gain a wider knowledge of medicine management, when to prescribe and what to prescribe
- To gain a better understanding of when to initiate tests which may help with the management of the illness
- Develop knowledge on how to discuss the patient's options and proposed plan of management with them
- To know when to refer a patient to see another health professional
- Allows discussion of relevant practice problems and their solutions

Agenda Day 1

- How can you become a Minor Illness Nurse and what qualities does a Minor Illness Nurse need?
- What is a "Good Consultation?"
- Fever and Flu Like Illness
- Respiratory Tract Infections (including breath sounds)
- UTI
- Ears, Nose and Throat
- Abdominal Pain

Agenda Day 2

- Review from day 1 – any feedback/questions?
- Headache, Neck Pain and Back pain
- Eye Infections
- Mental Health (low mood)
- Rashes
- Case studies

"Brilliant session, very helpful"

"I really enjoyed the small group discussions"

Registered Office: Frome Medical Centre, Enos Way, Frome, Somerset, BA11 2FH

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