

www.networkforpractices.co.uk

Consultant Information

Deryl Dix works independently as a facilitator, trainer & consultant with considerable experience in developing leadership programmes and in well-being and mental health in the workplace.

In addition to working throughout the UK, Deryl has worked internationally, frequently delivering programmes in France, Belgium, Germany, China, I ndia, and Singapore.

Deryl's professional experience has included being Director of FPA Wales for ten years and employment at Director level in a further two UK wide charities. In addition, Deryl is affiliated to numerous organisations as an associate. With a background in drama and theatre, creative methods are frequently utilised in her delivery. Deryl is also qualified to teach Mindfulness-based stress reduction (MBSR) courses.

Booking Information

To book a place/s email bookings@networkforpractices .co.uk

Our acceptance of your booking brings into existence a legally binding contract between us on the following Terms & Conditions - If places are booked but cancelled before payment has been made or a candidate DNAs, the fee will remain due. Cancellations will attract a refund if the course is subsequently fully booked. To avoid any confusion, we ask that Cancellations are by email only. We will make every effort to resell the cancelled place. Where places are free a £25 charge will be applied to cancellations/DNAs. Payment is required within 30 days from date of invoice.

Coaching Skills for Managers

Date: 9th December 2025

Times: 0930-1630

Venue: Zoom Online Platform

Places available: 12

Fee/s: NfP Members £95

Non Members £140

This workshop is suitable for: Any managers or leaders

Aim

To develop and practise a clear and proven approach to coaching that will enable participants to effectively use coaching skills as a part of their approach to developing their teams

Objectives

By the end of the session, you will know how to:

- Understand how coaching skills can support them within their role
- Know the difference between mentoring, counselling, training and coaching and how to determine the best approach to use
- Have explored the benefits of coaching
- Be introduced to the GROW model as a framework for their coaching conversations
- Have had the opportunity to practise their coaching skills
- Considered their next steps for applying and further developing their coaching skills