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Julia Judd qualified as a Registered General Nurse in 1989 and has enjoyed a diverse career working in the emergency department and acute surgical wards before settling on a career in primary care in the mid '90's. Julia initially worked in General Practice, building her portfolio of skills before extending her role to become a nurse practitioner and independent prescriber.

In her later career Julia worked as a Clinical Matron for health and well-being bridging both primary care and adult mental health services. A large part of this role included clinical teaching and inspired a career move into education.

Since 2011 Julia has worked as an independent nurse educator running J2S Training Ltd with her business partner Julia O'Mara. Collaborative working has included academic programmes with Bournemouth University, NHS England and Local Medical Committees across Wessex, Buckinghamshire, Oxfordshire and Berkshire (BOB) and Essex.

Julia stepped back from clinical practice in 2023 but continues in an educational role, enjoying both the challenges and rewards that this brings. The vision being to make education and learning fun, interactive, easy to understand and applicable to practice with realistic expectations for Primary Care.

To book a place/s email

bookings@networkforpractices.co.uk

Our acceptance of your booking brings into existence a legally binding contract between us on the following Terms & Conditions - If places are booked but cancelled before payment has been made or a candidate DNAs, the fee will remain due. Cancellations will attract a refund if the course is subsequently fully booked. To avoid any confusion, we ask that Cancellations are by email only. We will make every effort to resell the cancelled place. Where places are free a £45 charge will be applied to cancellations/DNAs. Payment is required within 30 days from date of invoice.

Administration of Vitamin B12 injections

Date: 1st December 2026
Times: 0900-1200 ('doors open' at 0845)
Venue: Zoom Online Platform
Places available: 12
Fee/s: NfP Members £60
Non-Members £105

This workshop is suitable for: All Health Care Providers (HCPs) who are currently working with clients that require regular vitamin B12 injections.

This half day course is open to all Health Care Providers (HCPs) who are currently working with clients that require regular vitamin B12 injections. It is expected that the attendee already has knowledge on the handling of sharps and annual CPR/anaphylaxis updates. The course will explore the disease process of Pernicious Anaemia before discussing treatments and on-going management. Discussion will focus on the legal frameworks for injectable medicines and examples will be shared to include a competency framework for completion with an Assessor in practice.

In support of National Minimum Standards, HCAs that attend this course will be undertaking advanced clinical practice that requires professional maturity in their role and a level of training as stipulated within the standards - [Download Training Standards](#)

Aims and Objectives

- To provide HCAs with the knowledge and skills required for the procedure of administering B12 injections
- To provide the HCA with resources, education and awareness of the legal issues, accountability and prescribing through delegation
- To provide the mechanisms for the HCA to be signed off as competent by a trained nurse in their workplace and follow the protocols and framework supplied for safe practice

Course Content

- What is Pernicious anaemia
- What are the symptoms, causes and treatment of B12 deficiency
- Monitoring patients with B12 deficiency
- What are the side effects/contraindications/follow up care/ anaphylaxis
- Injection administration and techniques
- Refresh requirements for HCAs in extended practice
- Protocols/ competencies and supervised practice by mentor

Learning Outcomes

- To provide HCAs with the knowledge and skills required for the procedure of administering B12 injections
- To provide the HCA with resources, education and awareness of the legal issues, accountability and prescribing through delegation
- To provide the mechanisms for the HCA to be signed off as competent by a trained nurse in their workplace and follow the protocols and framework supplied for safe practice

Registered Office: Frome Medical Centre, Enos Way, Frome, Somerset, BA11 2FH

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