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## Trainer Information

**Hanna Smith** RGN Independent Nurse Prescriber, DFSRH, PGCert (MMed). Faculty Registered Trainer

Hanna is a Senior Nurse Practitioner and Practice Nurse Manager with experience in Dermatology, District Nursing and Primary Care settings. Hanna has a special interest in Family Planning, Women's Health and Diabetes and has successfully trained both registered and non-registered staff within a primary setting. Hanna has particular interest in the development and progression of HCA's and nurses, ensuring they feel motivated and enthused to provide the best, evidence-based care to their patients.

## Booking Information

To book a place/s email

[bookings@networkforpractices.co.uk](mailto:bookings@networkforpractices.co.uk)

Our acceptance of your booking brings into existence a legally binding contract between us on the following **Terms & Conditions** - If places are booked but cancelled before payment has been made or a candidate DNAs, the fee will remain due. Cancellations will attract a refund if the course is subsequently fully booked. To avoid any confusion, we ask that **Cancellations are by email only**. We will make every effort to resell the cancelled place. Where places are free a £45 charge will be applied to cancellations/DNAs. Payment is required within 30 days from date of invoice.

# Contraception Update

**Date:** 13<sup>th</sup> November 2025  
**Times:** 0930 - 1600  
**Venue:** Zoom Online Platform  
**Places available:** 15

<b>Fee/s:</b>	<b>NfP Members</b>	<b>£105</b>
	<b>Non-Members</b>	<b>£150</b>

**This workshop is suitable for:** for Health Professionals who already have a FP Cert or experience in this clinical area

## Learning Outcomes / Workshop Objectives

- To help maintain awareness of developments in and up to date of information about contraceptive issues and current prescribing
- Demonstrate a critical understanding of key reproductive and sexual health issues in the contraceptive consultation
- Allows discussion of relevant practice problems and their solutions.
- Develop an awareness of how attitudes and values may affect practice
- Raised awareness of ongoing development of practice and professional accountability within the contraceptive field

## Agenda

- Introductions
- Safeguarding principles
- Combined Hormonal Contraception (CHC) Update
- Drospirenone-Containing Progestogen-Only Pill (POP)
- Progestogen Methods – Comprehensive Review and Breast Cancer Risks
- Intrauterine Contraception (IUC) – Focus on Mirena Licence Change
- Emergency Contraception – An Overview
- Local Anaesthetic (LA) Techniques for IUC Fitting
- Case Studies and Practical Applications

*"It was a great update, thank you"*

*"I thought Hanna was brilliant, very knowledgeable and very clear"*

*"Presenter up-to-date and great knowledge base"*

**Registered Office: Frome Medical Centre, Enos Way, Frome, Somerset, BA11 2FH**

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