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Julia O'Mara, RGN (BSc), NMP, PGCE, qualified as a Registered General Nurse in 1989, and has experience in many fields of nursing and teaching.

She has worked in Primary care since 1994 where she developed skills in practice nursing, long term conditions, first contact, history taking and assessment skills and independent nurse prescribing.

Julia worked for many years at a senior strategic level for the CCG/ICB developing protocols/policies and chairing Forums.

Julia works closely with her business partner Julia Judd providing education for Universities and Local Medical Committees.

Their joint vision is to make education and learning fun, interactive, easy to understand and practical with realistic expectations for Primary Care.

To book a place/s email

bookings@networkforpractices.co.uk

Our acceptance of your booking brings into existence a legally binding contract between us on the following Terms & Conditions - If places are booked but cancelled before payment has been made or a candidate DNAs, the fee will remain due. Cancellations will attract a refund if the course is subsequently fully booked. To avoid any confusion, we ask that Cancellations are by email only. We will make every effort to resell the cancelled place. Where places are free a £45 charge will be applied to cancellations/DNAs. Payment is required within 30 days from date of invoice.

Shingles Vaccination Training

Date: 15th September 2026
Times: 0900-1230 ('doors open' at 0845)
Venue: Zoom Online Platform
Places available: 12
Fee/s: NfP Members £60
Non-Members £105

This workshop is suitable for: Experienced HCAs, allied HCPs and Nurse Associates.

This half day course is suitable for experienced HCAs and allied HCPs developing skills to include shingles vaccination.

- The course will explore Herpes Zoster disease, prevalence and risks to the individual, before discussing the vaccination in detail and the governance for safe practice. The HCP will have access to the relevant paperwork for practice and a competency framework for completion in the workplace with mentor supervision.

In support of National Minimum Standards, HCPs that attend this course will be undertaking advanced clinical practice that requires professional maturity in their role and must be trained to or have the equivalent of NVQ3.

[Download Training Standards](#)

Course Content

- What is Herpes Zoster?
- Public Health vaccination program for shingles vaccination
- Undertaking a risk assessment of the patient prior to immunisation
- Safe handling and storage of vaccination including infection control
- Video demonstration of the preparation of the vaccine .

Learning Outcomes

- To provide HCAs with the knowledge and skills required for the procedure of administering Shingles vaccination
- To provide the HCA with resources, education and awareness of the legal issues, accountability and prescribing through delegation
- To provide the mechanisms for the HCA to be signed off as competent by a trained nurse in their workplace and follow the protocols and framework supplied for safe practice

Registered Office: Frome Medical Centre, Enos Way, Frome, Somerset, BA11 2FH

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